

Bieg Mikołajkowy
Warszawa 01.12.2019



Open Kobiety 10 km

| Miejsce | Numer | Nazwisko | Imię | Rok Urodzenia | Płeć | Kat. Wiek. | Miasto | Wynik Netto | Tempo | Prędkość |
|---------|-------|---------------------|------------|---------------|------|------------|---------------------|-------------|----------|------------|
| 1 | 197 | Prugar-Fukowska | Paulina | 1983 | K | K30-39 | Warszawa | 00:40:17,60 | 00:04:02 | 14,89 km/h |
| 2 | 14 | Biała | Antonina | 1994 | K | K16-29 | Warszawa | 00:41:55,60 | 00:04:12 | 14,31 km/h |
| 3 | 95 | Josypenko | Bożena | 1978 | K | K40-49 | Warszawa | 00:42:21,10 | 00:04:14 | 14,16 km/h |
| 4 | 253 | Szymborska | Monika | 1976 | K | K40-49 | Warszawa | 00:43:23,75 | 00:04:20 | 13,82 km/h |
| 5 | 106 | Kaska-Łobodowska | Ewelina | 1984 | K | K30-39 | Siennica | 00:43:30,40 | 00:04:21 | 13,79 km/h |
| 6 | 298 | Żłak | Anna | 1991 | K | K16-29 | Warszawa | 00:45:19,70 | 00:04:32 | 13,23 km/h |
| 7 | 258 | Tereszkiewicz | Joanna | 1987 | K | K30-39 | Warszawa | 00:45:56,05 | 00:04:36 | 13,06 km/h |
| 8 | 234 | Sowa-Okrasa | Sylwia | 1977 | K | K40-49 | Grodzisk Mazowiecki | 00:46:36,85 | 00:04:40 | 12,87 km/h |
| 9 | 88 | Jagielska | Magdalena | 1972 | K | K40-49 | Warszawa | 00:47:08,70 | 00:04:43 | 12,72 km/h |
| 10 | 112 | Kołkowska | Marina | 1985 | K | K30-39 | Warszawa | 00:47:20,20 | 00:04:44 | 12,67 km/h |
| 11 | 209 | Rogowska | Laura | 1986 | K | K30-39 | Warszawa | 00:47:48,95 | 00:04:47 | 12,54 km/h |
| 12 | 216 | Rzymowska | Krystyna | 1969 | K | K50-59 | Warszawa | 00:48:12,55 | 00:04:49 | 12,44 km/h |
| 13 | 159 | Miszkievicz-Górecka | Olga | 1991 | K | K16-29 | Warsaw | 00:48:47,60 | 00:04:53 | 12,29 km/h |
| 14 | 83 | Grygierczyk | Anna | 1976 | K | K40-49 | Pruszków | 00:49:03,85 | 00:04:54 | 12,22 km/h |
| 15 | 262 | Trzaskowska | Justyna | 1982 | K | K30-39 | Warszawa | 00:49:34,85 | 00:04:57 | 12,1 km/h |
| 16 | 141 | Liśkiewicz | Sylwia | 1977 | K | K40-49 | Warszawa | 00:49:51,25 | 00:04:59 | 12,03 km/h |
| 17 | 264 | Turczyńska | Monika | 1973 | K | K40-49 | Warszawa | 00:50:31,60 | 00:05:03 | 11,87 km/h |
| 18 | 608 | Liwinuk-Kosmala | Małgorzata | 1986 | K | K30-39 | Warszawa | 00:50:40,05 | 00:05:04 | 11,84 km/h |
| 19 | 102 | Kalinca | Amalia | 1986 | K | K30-39 | Warszawa | 00:50:40,10 | 00:05:04 | 11,84 km/h |
| 20 | 247 | Szkamruk | Alicja | 1987 | K | K30-39 | Warszawa | 00:50:54,55 | 00:05:05 | 11,78 km/h |
| 21 | 263 | Tula | Renata | 1952 | K | K60-69 | Warszawa | 00:51:27,25 | 00:05:09 | 11,66 km/h |
| 22 | 232 | Sośniak | Iwona | 1974 | K | K40-49 | Tomice | 00:52:12,00 | 00:05:13 | 11,49 km/h |
| 23 | 126 | Kubań | Danuta | 1965 | K | K50-59 | Warszawa | 00:53:30,20 | 00:05:21 | 11,21 km/h |
| 24 | 249 | Sztaubała | Ewa | 1976 | K | K40-49 | Warszawa | 00:54:04,05 | 00:05:24 | 11,09 km/h |
| 25 | 45 | Dela | Żaneta | 1992 | K | K16-29 | Warszawa | 00:54:19,25 | 00:05:26 | 11,04 km/h |
| 26 | 283 | Wójcik | Jowita | 1984 | K | K30-39 | Warszawa | 00:54:35,75 | 00:05:28 | 10,98 km/h |
| 27 | 612 | Weber | Agata | 1975 | K | K40-49 | Warszawa | 00:54:38,40 | 00:05:28 | 10,98 km/h |
| 28 | 182 | Pawlak | Ewelina | 1982 | K | K30-39 | Piaseczno | 00:54:44,80 | 00:05:28 | 10,95 km/h |
| 29 | 278 | Wojciechowska | Magdalena | 1981 | K | K30-39 | Warszawa | 00:54:46,15 | 00:05:29 | 10,95 km/h |
| 30 | 185 | Pawłowska | Katarzyna | 1975 | K | K40-49 | Warszawa | 00:54:48,30 | 00:05:29 | 10,94 km/h |
| 31 | 111 | Kocińska | Magdalena | 1988 | K | K30-39 | ława | 00:55:00,95 | 00:05:30 | 10,9 km/h |
| 32 | 290 | Zień | Agnieszka | 1985 | K | K30-39 | Kręczki | 00:56:28,05 | 00:05:39 | 10,62 km/h |
| 33 | 220 | Sierpiska | Marta | 1969 | K | K50-59 | Warszawa | 00:56:38,10 | 00:05:40 | 10,59 km/h |
| 34 | 131 | Kuźma | Katarzyna | 1985 | K | K30-39 | Warszawa | 00:56:40,05 | 00:05:40 | 10,58 km/h |
| 35 | 605 | Hawryluk-Stasiak | Ewa | 1963 | K | K50-59 | Warszawa | 00:56:41,80 | 00:05:40 | 10,58 km/h |
| 36 | 284 | Wyszyńska | Alicja | 1998 | K | K16-29 | Warszawa | 00:56:49,25 | 00:05:41 | 10,55 km/h |
| 37 | 237 | Strzelecka | Hanna | 2003 | K | K16-29 | Warszawa | 00:57:05,05 | 00:05:43 | 10,51 km/h |
| 38 | 151 | Marczak | Grażyna | 1953 | K | K60-69 | Warszawa | 00:57:06,50 | 00:05:43 | 10,5 km/h |
| 39 | 191 | Płońska | Julia | 1985 | K | K30-39 | Warszawa | 00:57:46,25 | 00:05:47 | 10,38 km/h |

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|---------|-------|-------------------------|------------|---------------|------|------------|------------|-------------|----------|------------|
| 40 | 147 | Maliszewska | Marta | 1978 | K | K40-49 | Warszawa | 00:57:49,15 | 00:05:47 | 10,37 km/h |
| 41 | 238 | Strzelecka | Joanna | 1971 | K | K40-49 | Warszawa | 00:57:53,95 | 00:05:47 | 10,36 km/h |
| 42 | 223 | Sikorska | Agnieszka | 1983 | K | K30-39 | Warszawa | 00:58:02,00 | 00:05:48 | 10,33 km/h |
| 43 | 158 | Minakowska | Katarzyna | 1971 | K | K40-49 | Warszawa | 00:58:11,85 | 00:05:49 | 10,3 km/h |
| 44 | 194 | Popovac | Natasa | 1974 | K | K40-49 | Warszawa | 00:58:15,40 | 00:05:50 | 10,29 km/h |
| 45 | 257 | Teichert | Maria | 1964 | K | K50-59 | Warszawa | 00:58:24,50 | 00:05:50 | 10,27 km/h |
| 46 | 285 | Zajęc | Aga | 1976 | K | K40-49 | Warszawa | 00:58:27,65 | 00:05:51 | 10,26 km/h |
| 47 | 161 | Modras | Ludwika | 1993 | K | K16-29 | Warszawa | 00:58:44,65 | 00:05:52 | 10,21 km/h |
| 48 | 16 | Błaszczak | Karolina | 1992 | K | K16-29 | Warszawa | 00:58:51,80 | 00:05:53 | 10,19 km/h |
| 49 | 226 | Skrzypkowska | Julia | 1992 | K | K16-29 | Warszawa | 00:58:56,10 | 00:05:54 | 10,18 km/h |
| 50 | 297 | Żarnowiecka | Hanna | 1969 | K | K50-59 | Warszawa | 00:58:57,25 | 00:05:54 | 10,17 km/h |
| 51 | 221 | Sierzputowska-Knapińska | Ewa | 1966 | K | K50-59 | Warszawa | 00:59:01,30 | 00:05:54 | 10,16 km/h |
| 52 | 289 | Zielińska | Julia | 1992 | K | K16-29 | Warszawa | 00:59:05,30 | 00:05:55 | 10,15 km/h |
| 53 | 23 | Buchowiecka | Anna | 1983 | K | K30-39 | Warszawa | 00:59:36,35 | 00:05:58 | 10,06 km/h |
| 54 | 119 | Kowalczyk | Agnieszka | 1981 | K | K30-39 | Warszawa | 00:59:54,20 | 00:05:59 | 10,01 km/h |
| 55 | 269 | Wąsowska | Anna | 1981 | K | K30-39 | Warszawa | 01:00:06,70 | 00:06:01 | 9,98 km/h |
| 56 | 154 | Mendelowska | Izabela | 1981 | K | K30-39 | Warszawa | 01:00:13,60 | 00:06:01 | 9,96 km/h |
| 57 | 163 | Mistewicz | Agata | 1979 | K | K40-49 | Józefosław | 01:00:21,10 | 00:06:02 | 9,94 km/h |
| 58 | 4 | Andrzejewska | Alicja | 1996 | K | K16-29 | Warszawa | 01:00:22,30 | 00:06:02 | 9,93 km/h |
| 59 | 105 | Karłowicz | Anna | 1953 | K | K60-69 | Warszawa | 01:00:30,25 | 00:06:03 | 9,91 km/h |
| 60 | 101 | Kaczmarska | Alicja | 1980 | K | K30-39 | Wary | 01:00:54,15 | 00:06:05 | 9,85 km/h |
| 61 | 2 | Lipka-Zalewska | Grażyna | 1972 | K | K40-49 | Warszawa | 01:01:16,75 | 00:06:08 | 9,79 km/h |
| 62 | 300 | Żywek | Teresa | 1947 | K | K70+ | Warszawa | 01:01:40,30 | 00:06:10 | 9,72 km/h |
| 63 | 170 | Nowicka | Magdalena | 1974 | K | K40-49 | Kąty | 01:01:41,50 | 00:06:10 | 9,72 km/h |
| 64 | 28 | Bujnowska | Sara | 1992 | K | K16-29 | Warszawa | 01:01:47,55 | 00:06:11 | 9,7 km/h |
| 65 | 18 | Bokiniec | Dorota | 1975 | K | K40-49 | Warszawa | 01:01:52,75 | 00:06:11 | 9,69 km/h |
| 66 | 184 | Pawłot | Julia | 1990 | K | K16-29 | Warszawa | 01:02:05,30 | 00:06:13 | 9,66 km/h |
| 67 | 268 | Wang | Ariel | 1986 | K | K30-39 | Warszawa | 01:02:15,90 | 00:06:14 | 9,63 km/h |
| 68 | 260 | Tomkiewicz | Agnieszka | 1974 | K | K40-49 | Warszawa | 01:02:16,80 | 00:06:14 | 9,63 km/h |
| 69 | 224 | Skomorowska | Monika | 1977 | K | K40-49 | Warszawa | 01:03:17,60 | 00:06:20 | 9,47 km/h |
| 70 | 236 | Stefanowicz | Anna | 1978 | K | K40-49 | Kraków | 01:04:40,95 | 00:06:28 | 9,27 km/h |
| 71 | 291 | Ziętkiewicz | Marta | 1976 | K | K40-49 | Józefosław | 01:04:40,95 | 00:06:28 | 9,27 km/h |
| 72 | 152 | Masztalerz | Maja | 1990 | K | K16-29 | Warszawa | 01:05:26,60 | 00:06:33 | 9,16 km/h |
| 73 | 178 | Osuchowska | Wioletta | 1972 | K | K40-49 | Warszawa | 01:06:52,00 | 00:06:41 | 8,97 km/h |
| 74 | 27 | Bugaj | Joanna | 1974 | K | K40-49 | Jozefoslaw | 01:07:04,95 | 00:06:42 | 8,94 km/h |
| 75 | 175 | Ochnik | Katarzyna | 1985 | K | K30-39 | Warszawa | 01:08:32,35 | 00:06:51 | 8,75 km/h |
| 76 | 71 | Głowacka | Roma | 1974 | K | K40-49 | Warszawa | 01:09:04,00 | 00:06:54 | 8,68 km/h |
| 77 | 275 | Włodarczyk | Halina | 1959 | K | K60-69 | Warszawa | 01:13:16,90 | 00:07:20 | 8,18 km/h |
| 78 | 32 | Chojecki | Aleksandra | 1979 | K | K40-49 | Warszawa | 01:13:18,70 | 00:07:20 | 8,18 km/h |

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|---------|-------|-------------|---------|---------------|------|------------|----------|-------------|----------|-----------|
| 79 | 29 | Burzykowska | Justyna | 1988 | K | K30-39 | Lublin | 01:14:22,50 | 00:07:26 | 8,06 km/h |
| 80 | 59 | Gaj | Bogna | 1970 | K | K40-49 | Warszawa | 01:18:38,75 | 00:07:52 | 7,62 km/h |
| 81 | 241 | Suknarowska | Dorota | 1964 | K | K50-59 | Warszawa | 01:25:03,70 | 00:08:30 | 7,05 km/h |